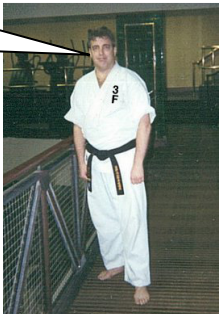


Fitness for Focus, Inc.
Kids Karate
 Tel. 646.213.0973
 38 West 32nd St, Room #1100

Help your child develop:
 Self-Confidence, Focus,
 Concentration, Fitness and Control



Free Trial Classes – Sunday, April 11

Sensei Glenn
<http://fitnessforfocus.com>
 18 Years
 Experience

(Please circle below class time, lesson fee and karate uniform* and mail to address below)

Sundays beginning April 11 - Ending June 13 (9 Classes, Not including May 30)	Regular Registration Closes 4/9/2010
12:00 pm – 12:30 pm (1/2 hour class)	\$ 385.
12:30 pm – 1:00 pm (1/2 hour class)	\$ 385.
1:00 pm – 1:45 pm (3/4 hour class)	\$ 475.
1:45 pm – 2:30 pm (3/4 hour class)	\$ 475.
3:00 pm – 3:30 pm (1/2 hour class)	\$ 385.

* Karate Uniform Fee: \$40

Class Information Form / Waiver

Student Name _____

Telephone _____ Alt Telephone _____

Address _____ City _____ State ____ Zip _____

Student Date of Birth _____ Height _____ Weight _____

Parent / Guardian e-mail address _____

Parent or Guardian Name _____

(please print)

Waiver:

Parent / guardian realizes that there is the possibility of injury in any exercise or activity. The parent or guardian undersigned agrees to hold Connect the Dots, PLLC., Fitness for Focus, Inc., and their instructors, employees and contractors harmless in case of any mishap, accident or injury before, during, or after activities from this date forward. All participants are advised that they should have their doctor's approval for activity. The benefits of karate training show in a student over a sustained effort over multiple sessions. A full refund will be given with a letter in writing 48 hours before the first class. A 50% refund will be given with a letter in writing before the second class whether or not the student attends the first class. No refunds will be given after the 2nd class.

Parent or Guardian

Signature _____ Date _____



Please mail this form with your check Payable to:
 Fitness for Focus, Inc. 108 West 15th St., Suite 4J NYC 10011

